

## CLAIMS

We Claim:

1. A composition for use in preparing a food product having reduced fat content which comprises a wheat protein isolate.
2. The composition of Claim 1 wherein the wheat protein isolate is present in the range of about 0.5 wt % to about 10.0 wt %.
3. The composition of Claim 1 wherein said food product is a fried food product.
4. The composition of Claim 3 wherein said fried food product is a cake donut.
5. A composition for use in preparing a fried food product having reduced fat content which comprises a wheat protein isolate.
6. The composition of Claim 5 wherein the wheat protein isolate is present in the range of about 0.5 wt% to about 10.0 wt %.
7. The composition of Claim 5 wherein said fried food product is a cake donut.
8. A food product having reduced fat content which comprises a wheat protein isolate.
9. The food product of Claim 8 wherein the wheat protein isolate is present in the range of about 0.5 wt% to about 10.0 wt %.
10. The food product of Claim 8 wherein said food product is a fried food product
11. The food product of Claim 10 wherein said fried food product is a cake donut.
12. The food product of Claim 8 which is a dough or batter.

13. A method for preparing a food product having a reduced fat content which comprises:

adding a wheat protein isolate to the food product;  
cooking said food product by contacting the food product with oil or fat.

14. The method of Claim 13 wherein the wheat protein isolate is present in the range of about 0.5 wt % to about 10.0 wt %.

15. The method of Claim 13 wherein said food product is fried.

16. The method of Claim 13 wherein said food product is baked.